



# Shodokan Aikido UK

Newsletter 48 - September 2008

www.shodokanaikido.co.uk

## News

Results from the Shodokan Open (better late than never!), forthcoming events and it is looking likely that the Xmas bash & seminar will be early December, on a Saturday and in the North - a separate email with full details of this will be sent out when arrangements have been concluded.

Chris

### Shodokan Open Sheffield EISS, 13th July

This took place on the 13<sup>th</sup> July and again was a great success with some great Aikido. The results in full:-

#### EMBU:

##### Suwari waza

Bronze D Fing/S Johnston  
Silver C Storey/P Gaskell  
Gold S Coveney/L Sail

##### Junanahon (17)

Bronze S Johnston/P Gaskell  
Silver C Storey/C Kawasaki  
Gold S Coveney/L Sail

##### Tanto Randori

Bronze C Kirkham/L Kirkham  
Silver B Robbins/R Milliner  
Gold J Gallagher/J Hayton

##### Kaeshi Waza

Bronze J Hayton/T Saunders  
Silver C Pagnier/K Chee  
Gold C Chater/C Leong

##### Goshin no Kata

Bronze T Saunders/J Gallagher  
Silver R Milliner/R Beeching  
Gold C Kirkham/K Barnes

##### Open Kata

Bronze C Leong/C Chater  
Silver E Dopp/P Herbert  
Gold C Kirkham/K Barnes

#### SHIAI:

##### Men's individual tanto

##### Mudansha

Bronze C Ball  
Silver L Sail  
Gold I Golten

##### Yudansha

Bronze Gabriel  
Silver E Dopp  
Gold A Soutas

##### Womens's individual tanto

##### Mudansha

Bronze C Kawasaki  
Silver S Gray  
Gold K Chee

##### Yudansha

Bronze L Kirkham  
Silver K Chee  
Gold K Barnes

##### Men's team

Bronze Brazil-Gabriel/Bruno/Soutas  
Silver "Sheffield-Notts" - Gaskell/Robbins/Chater  
Gold "East Chester" - Carpenter/Roberts/Kirkham

##### Women's team

Bronze Grey/Keeble/Kawasaki  
Silver Pagnier/Chee/Sail  
Gold Kirkham/Barnes/Palmer

## Forthcoming Events

### Saturday, 27th September AMA Coaching Course, Bury, Lancs

A must have qualification for those who are intending to be an instructor. For those working with children we would highly recommend the Child Protection Course.

The AMA is a non-profit organisation and therefore their courses come recommended at a very economical price.

Places are limited with application & deposits required. For comprehensive details please get in touch with Peter Allen.

Date: Saturday, 27<sup>th</sup> September 2008

Venue: USKA HQ  
Hardman Street (off Hornby Street)  
Bury, Lancs BL9 5BL

Timings: 9:00am Registration, 6:00pm Finish

Price: £35 - Coaching Course  
£25 - Child Protection Course  
+ Portfolio costs

Contacts: Peter Allen ( 0161 797 1077  
[ama.seei@btoopenworld.com](mailto:ama.seei@btoopenworld.com)



## Mon 22<sup>nd</sup> - Sat 27<sup>th</sup> September Ittaikan Dojo, Brighton Judo Club Summer Training Week

### Morning classes:

7.00 - 8.00 am Ittaikan Dojo, Brighton Judo Club,  
Dorset Gardens, Brighton

### Evening classes:

Mon 6.00 - 7.30 pm - Dojo  
Tue. 6.00 - 7.00 pm - venue to be advised  
Wed. 6.00 - 7.00 pm - venue to be advised  
Thurs. 7.00 - 9.30 pm - Dojo  
Fri. 6.00 - 7.00 pm - venue to be advised  
Sat. 4.30 - 6.30 pm - Dojo

Any questions about the training schedule, please get in touch with Paul and please pass on to people you think may be interested. Paul Bonnett m 07774 629014  
[www.brightonaikido.co.uk](http://www.brightonaikido.co.uk)

## Sunday, 19<sup>th</sup> October Shodokan Aikido National Seminar Weapons Training with Scott Allbright

Scott will be covering the jo and bokuto sections of the Goshin no Kata. There will also be plenty of suburi work. Remember our weapons work is to supplement our aikido technique, so repetition is the key. Please bring jo and bokuto if you own them - we will have a few spares for beginners but graded people should have their own.

If you have any questions about the course, please contact Scott directly on email  
[scottallbright@yahoo.co.uk](mailto:scottallbright@yahoo.co.uk)

Venue: YMCA  
112 Great Russell Street  
London, WC1B 3NQ

Time: 1:00 - 6:00 pm

Registration: Places are limited.  
The venue can only accommodate a maximum number, so participant numbers will be limited on a first come first served basis. To register, email  
[shodokan.london@googlemail.com](mailto:shodokan.london@googlemail.com)

Payment/Fee: Pay on the day £15 - per person,  
£10 - Students & unemployed.



## Saturday, 1<sup>st</sup> November Inter-Club Kyu Grade Challenge 2008

### Demonstrations:

Throughout the day, we would like to invite club instructors to give a number of Embu and Shiai demonstrations.

### Events EMBU

Under 5<sup>th</sup> Kyu 9 techniques, Atemi Waza (5)  
Under 3<sup>rd</sup> Kyu Kihon Waza (10)  
Suwari Waza (6)  
Under 1<sup>st</sup> Kyu Junanahon (17)  
Nge no Kata (14)

### Events SHIAI

Under 5<sup>th</sup> Kyu Tanto Taisabaki  
Under 1<sup>st</sup> Kyu Mens Individuals  
Under 1<sup>st</sup> Kyu Womens Individuals

Venue: King Alfred Leisure Centre  
Kingsway  
Hove  
Sussex BN3 2WW

Fee: £15 - advance registration by Oct 25<sup>th</sup>  
£18 - registration on the day

Registration: 10:00am  
Event starts: 11:00am promptly

Organiser: Jerome Chin Aleong, [jica27@hotmail.com](mailto:jica27@hotmail.com)

## Saturday, 8<sup>th</sup> November Tanseikan Juniors Fun Day Seven Islands Leisure Centre, London

Fun Day for all juniors. For more information, please contact Dave or Vanda.

Time: 9:30am - 3:00pm

Venue: Seven Islands Leisure Centre  
100 Lower Rd  
Rotherhithe  
London SE16

Contact: Dave or Vanda Fielding  
( 0208 857 3241  
[david.fielding@rockpools.co.uk](mailto:david.fielding@rockpools.co.uk)

## Licence Books

Jon Cameron is about to send a batch of application forms for Licence Books to Japan. Please post your applications to:-

Jon Cameron  
14 St Thomas Road  
Trowbridge  
Wiltshire BA14 8SG

Any questions, please contact Jon on [jc@shodokan.net](mailto:jc@shodokan.net)

## For Sale - Aikido Mats

The YMCA in London are selling 32 professional Aikido Mats. Size 2m x 1m, red and green, heavy weight in very good condition.

If interested, please contact Roger Mallet directly -  
[r.mallett@centralymca.org.uk](mailto:r.mallett@centralymca.org.uk) or call 0207 343 1715



## World Championships Kyoto, Japan 20 - 23 September

This will be the next World Championships in Japan!  
Already information is being issued on this from Japan;

### 2009 International Aikido Tournament

#### Important Points

- 1. Aim:** The tournament will be held on the 30th anniversary of Tomiki Shihan's passing.  
This will be a time for participants of Aikido from all over the world to meet and gather at the historic Kyubutokuden, a dojo rich in the tradition of budo, located in the equally historic city of Kyoto. It will also be a time to forge friendships and unite with each other in the spirit of Aikido.
- 2. Tournament Name:**  
International Aikido Festival  
The 8th International Aikido Tournament
- 3. Sponsor:** NPO Japan Aikido Association  
President: Masako Tomiki
- 4. Supervisor:**  
Kansai Aikido Competition Federation Shodokan  
1-28-7 Hannan-cho  
Abeno-ku  
Osaka-shi  
Osaka-fu 545-0021  
e-mail: [shodokan@nifty.com](mailto:shodokan@nifty.com)
- 5. Co-Sponsor:** The Nikkan Sports Press
- 6. Support:** Kanto Aikido Association
- 7. Dates:** September 20th - 23rd, 2009
- 8. Venue:** Kyoto Butokuden Budo Center  
Gymnasium, Butokuden  
46-2 Entonbi-cho  
Seigoin  
Sakyo-ku  
Kyoto 606-8323 Japan
- 9. Daily Schedule:**  
**September 20th (Sunday)**
  - Aikido seminar
  - International referee and judge training course  
**September 21st (Monday)**
  - Aikido seminar
  - Explanation of tournament rules
  - International referee and judge training course
  - Preliminary rounds of tournament competition
  - Dan grading for overseas participants  
**September 22nd (Tuesday)**
  - 2nd day of tournament
  - TAIN meeting  
**September 23rd (Wednesday)**
  - 3rd day of tournament
  - Finals
  - Award Ceremony
  - Party

### 10. List of events

- Randori**
- Men's Team Randori
  - Men's Individual Randori
  - Women's Team Randori
  - Women's Individual Randori
- Enbu**
- 17 Basic Randori Techniques (Non-Dan grade, without tanto)
  - 17 Basic Randori Techniques (Dan grade, with tanto)
  - Koryu Goshin no Kata (Dai San, suwari waza and tachi waza 16 techniques)
  - Free Style (free/open kata, without weapon, within 2 minutes, a second uke is not allowed)
  - Mixed Team Event

#### Please note:

- Enbu: Participants may enter one enbu event only (17 Randori Basic)
- Techniques, Koryu Goshin no Kata or Free Style)
- Participants may, however, enter the Mixed Team Event (enbu or Randori sections) regardless of whether they have competed in one of the separate enbu events.
- Referees assigned to the Randori events may not take part in them as competitors; enbu judges may not compete in enbu events.

### 11. Entry fees

#### A. Registration fee

3,000 yen per person (compulsory for both officials and players).

The registration fee will give attendees access to the seminars to be held during the festival. This fee will also apply to people who only wish to take part in the seminars.

#### B. Event fees

¥ Team Events / Men: 15,000 yen per team  
(10,000 yen per team for male visitors from overseas)

¥ Team Events / Women: 9,000 yen per team  
(6,000 yen per team for female visitors from overseas)

¥ Individual Events: 3,000 yen per person  
(2,000 yen per person for visitors from overseas)

¥ Enbu: 6,000 yen per team (pair)  
(4,000 yen per team (pair) for visitors from overseas)

#### C. Accommodation

The hotels and prices will be announced at a later date.



# EVENT CALENDAR

## 2008

### Competitions & General Events

Sat, 1st November	Inter-club Kyu Grade Challenges	10:00am	Hove, East Sussex
Sat, 8 <sup>th</sup> November	Tanseikan Juniors Fun Day	9:30am	London, SE16
Sun, 16 <sup>th</sup> November	Shodokan Closed Event	TBC	Sheffield, EIS

### Seminars & Courses

Sat, 27 <sup>th</sup> September	AMA Coaching Course	9:30am	Lancs
Sun, 19 <sup>th</sup> October	National Seminar - Weapons Training	1:00 - 6:00pm	London, YMCA
Sat, early December	National Seminar & Xmas Do	TBC	In the North

### Squad Training

Sat, 27 <sup>th</sup> September	Joint Squad	1:00 - 5:00 pm	Sheffield - Kyogikan
Sat, 25 <sup>th</sup> October	Joint Squad	1:00 - 5:00 pm	Sheffield - Kyogikan
Sun, 30 <sup>th</sup> November	Squad Training - South	1:00 - 5:00 pm	London, YMCA
Sat, 20 <sup>th</sup> December	Joint Squad	1:00 - 5:00 pm	Sheffield - Kyogikan

## 2009

### Competitions & General Events

mid July	Shodokan Open Event		London
22-23 September	8 <sup>th</sup> International Aikido Tournament		Japan, Kyoto
mid November	Shodokan Closed Event		Sheffield - EIS

### Seminars & Courses

February	AMA Coaching Courses		Bury, Lancs
March	Seminar - North		Sheffield - EIS
June	Seminar - South		London
September	Seminar - North		Sheffield - EIS
December	Seminar - South & Xmas Do		TBC

### Squad Training

Sat, 31 <sup>st</sup> January	Joint Squad		Sheffield - Kyogikan
Sat, 28 <sup>th</sup> February	Joint Squad		Sheffield - Kyogikan
Sat, 28 <sup>th</sup> March	Joint Squad		Sheffield - Kyogikan
Sat, 25 <sup>th</sup> April	Joint Squad		Sheffield - Kyogikan
Sat, 30 <sup>th</sup> May	Joint Squad		Sheffield - Kyogikan
Sat, 27 <sup>th</sup> June	Joint Squad		Sheffield - Kyogikan
Sat, 25 <sup>th</sup> July	Joint Squad		Sheffield - Kyogikan
Sat, 29 <sup>th</sup> August	Joint Squad		Sheffield - Kyogikan



## Shodokan Clubs

### Belfast

Belfast	Tuesday	7:30 - 9:30pm	Courtney Hall, Cregagh Road, Belfast
	Thursday	7:00 - 9:00pm	Paul Bradley / <a href="mailto:aikipaulj@ntlworld.com">aikipaulj@ntlworld.com</a>
Belfast	Monday	6:30 - 8:00pm	Valley Aikido, Valley Leisure Centre Craig Chambers / <a href="mailto:aikidocraig@btinternet.com">aikidocraig@btinternet.com</a>
Belfast	Wednesday	7:30 - 9:30pm	Killyleagh Aikido Club David Millar / <a href="mailto:davidmillars@onetel.com">davidmillars@onetel.com</a>

### Ittaikan Dojo

Brighton	Monday	6:00 - 7:30pm	Dorset Gardens, Brighton
	Wednesday	6:45 - 7:45am	Paul Bonnet / <a href="http://www.brightonaikido.co.uk">www.brightonaikido.co.uk</a>
	Thursday	7:00 - 9:30pm (juniors 7-8pm)	
	Saturday	7:00 - 8:00am	
		4:30 - 6:30pm	
	Sunday	10:30 - 12:00pm (juniors)	

### Shodokan London

			<a href="http://www.shodokanlondon.com">www.shodokanlondon.com</a>
Dartford	Tuesday	7:30 - 9:00pm (all levels)	Dartford Judo Club, Cotton Lane, Dartford DA2 6PD Di Buckley m 07713 619 567 / <a href="mailto:postmaster@thebuckley5.plus.com">postmaster@thebuckley5.plus.com</a>
Greenwich	Tuesday	7:30 - 9:30pm (all levels)	St. Marks Methodist Church & Centre, 22 Greenwich South St London SE10 8TY / <a href="mailto:erikdop@googlemail.com">erikdop@googlemail.com</a> , 07817 151 584
Islington	Thursday	7:00 - 9:00pm (all Levels)	City University, Northampton Square, EC1 <a href="mailto:jim.newcombe@hotmail.co.uk">jim.newcombe@hotmail.co.uk</a>
Bromley	Sunday	9:00 - 10:00am (juniors)	Pavilion Sports Centre, Bromley
	Sunday	10:00 - 11:30am (adults)	Pavilion Sports Centre, Bromley
	First Sunday	10:00 - 11:30am (weapons)	Pavilion Sports Centre, Bromley * No classes on bank holiday weekends* Chris / <a href="mailto:shodokan.london@google.mail.com">shodokan.london@google.mail.com</a>

### Central London Shodokan

London W1	Monday	8:00 - 10:00pm	International Student House, Great Portland Street
London WC1	Monday	6:00 - 7:30pm (adults basics)	Albion College 23, Bloomsbury Square, WC1A 2PJ
	Monday	7:30 - 9:00pm (adults basics/applications)	Marlon / <a href="mailto:ymca_shodokan_aikido@hotmail.com">ymca_shodokan_aikido@hotmail.com</a>
	Tuesday	4:15 - 5:00pm (juniors 5-9)	
	Tuesday	5:00 - 6:00pm (juniors 10-14)	Marlon / <a href="mailto:ymca_shodokan_aikido@hotmail.com">ymca_shodokan_aikido@hotmail.com</a>
	Wednesday	6:00 - 7:30pm (adults basics)	Albion College 23, Bloomsbury Square, WC1A 2PJ
	Wednesday	7:30 - 9:30pm (adults basics/applications)	
	Thursday	6:00 - 6:45pm (juniors)	
	Thursday	7:00 - 9:00pm (adults Randori, all levels)	
London WC1	Saturday	10:00 - 11:00am (juniors 6-10yr)	Albion College 23, Bloomsbury Square, WC1A 2PJ
	Saturday	11:00 - 12:00pm (juniors 11-16yr)	* No classes on bank holiday weekends*
	Saturday	2:00 - 3:00pm (adults weapons)	
	Saturday	4:00 - 6:00pm (adults randori, all levels)	

### Hikarikan Shodokan

London SE1	Monday	6:00 - 8:00pm (term time only)	London South Bank University, The Arc, Student Union SE1
London EC4	Wednesday	7:15 - 8:45pm	Fitness First, Queen Victoria Street, London EC4V

### Tanseikan Shodokan

London SE1	Tuesday	6:30 - 8:00pm (juniors) 8:00 - 9:30pm (adults)	City of London Academy (COLA), 240 Lynton Rd, SE1 5LA Sean Muharrem
London SE12	Tuesday	6:15 - 7:45pm (juniors)	Burnt Ash Methodist Church, Burnt Ash Hill, Grove Park, SE12 Vanda Fairchild ( 0208 857 3241



### Tanseikan continued...

London SE12 Thursday 8:00 - 10:00pm (adults)

Bannatynes Health Club, Marvels Lane, Grove Park, SE12  
Vanda Fairchild ( 0208 857 3241

London SE16 Saturday 9:30 - 11:00am (junior)  
11:00 - 12:45pm (adults)

Seven Islands Leisure Centre, 100 Lower Rd, Rotherhithe, SE16  
David Fielding ( 0208 857 3241

### East London Shodokan Club

Essex Tuesday 8:00 - 10:00pm

Wood Lane Leisure Centre, Wood Lane, Dagenham RM8 1JX

### Renshukai Aikido (Shodokan)

Essex Monday 7:00 - 8:30pm

The Gymnasium (Buller Road entrance)  
Eastbury Comprehensive School, Barking, Essex IG11 9UH  
Instructors: Stephen Male, Kenneth Casey

### Herriot Watt University

Edinburgh Tuesday 7:15 - 9:15pm  
Sunday 1:15 - 3:15pm

[www.shodokanedinburgh.com](http://www.shodokanedinburgh.com)  
Martin Livingston e: [martin.livingston@talk21.com](mailto:martin.livingston@talk21.com)

### Sussex Sport Aikido

Hove Tuesday 7:30 - 9:30pm  
Brighton Friday 8:00 - 10:00pm

St Andrews, (Old Church) Hall, Church Road, Hove  
University of Sussex, Sports Centre, Falmer, Brighton  
Lynne e: [L.mayne@sussex.ac.uk](mailto:L.mayne@sussex.ac.uk)

### Kyogikan Dojo

Sheffield Tuesday 5:30 - 7:00pm (students)  
Thursday 5:30 - 7:00pm (randori)  
Friday 5:30 - 7:00pm (students)

Sheffield University / [www.aikido.union.shef.ac.uk](http://www.aikido.union.shef.ac.uk)

### Kyogikan Dojo

Sheffield Monday 5:00 - 6:30pm (randori for all)  
Tuesday 6:30 - 8:00pm  
8:00 - 9:30pm  
Wednesday 5:00 - 6:30pm  
Thursday 5:00 - 6:30pm  
Friday 5:00 - 6:30pm  
6:30 - 8:00pm  
8:00 - 9:00pm  
Saturday 11:30 - 1:00pm (1st Kyu + above)  
2:00 - 3:00pm

Unit 15 , 68 Eldon Street, Sheffield S1 4GT  
[celinepagnier@yahoo.co.uk](mailto:celinepagnier@yahoo.co.uk) / [scottallbright@yahoo.co.uk](mailto:scottallbright@yahoo.co.uk)  
( 07785 230 384 / [www.aikidosheffield.org.uk](http://www.aikidosheffield.org.uk)

Please contact us before visiting as timetable changes during  
University holidays.

### South Manchester Shodokan

Manchester Thursday 6:30 - 7:30pm (juniors)  
(South MCH) Thursday 7:30 - 9:30pm (adults)

Moss Side Leisure Centre

### Manchester Aikido Club (Shodokan)

Manchester Wednesday 7:30 - 9:30pm  
Saturday 2:00 - 4:00pm (seniors only)

YMCA, Liverpool Road, Castlefields, Manchester

### Nottingham University Shodokan

Nottingham Tuesday 7:00 - 8:30pm  
Wednesday 8:00 - 10:00pm  
Thursday 7:00 - 9:00pm

Nottingham University Sports Centre

### Shodokan Tonbridge & Tunbridge Wells

Tonbridge Saturday 10:00 - 11:00am (juniors)

Swanmead Sports Ground, Swanmead Way, Tonbridge Kent  
Di Buckley m 07713 619 567 / [postmaster@thebuckley5.plus.com](mailto:postmaster@thebuckley5.plus.com)

Tunbridge Wells Tuesday 7:00 - 8:00pm (juniors)  
Tuesday 8:00 - 10:00pm (adults)  
Thursday 8:00 - 10:00pm (adults)

Vale Road Methodist Church Hall, Tunbridge Wells, Kent  
James Burman ( 07904 339 828  
[james@jamesdrivingschool.com](mailto:james@jamesdrivingschool.com)

### Shodokan Wales

Wales Monday 7:30 - 10:00pm (from age 14)

Monmouth Leisure Centre

### York Aikido Club

York Monday 7:30 - 9:30pm  
Thursday 7:30 - 9:30pm

York St John in the Temple Hall building, York